



The best activities guide around!

**AUGUST 2010**



**Bon Odori Festival – 7th**  
**Information Block Party – 13th**  
**Long Drive Championship – 14th**  
**CZCC Summerfest – 21st**  
**Back to School Festival – 24th**  
**Bazaar – 28th, 29th**





# U.S. ARMY CAMP ZAMA 在日米陸軍 キャンプ座間



9月18日(土)・19日(日)、一般開放致します  
ご来場お待ちしております

## MUSIC FRIENDSHIP FESTIVAL

**SATURDAY, 18 SEPTEMBER 2010**  
**SUNDAY, 19 SEPTEMBER 2010**  
**15:00 - 21:00 (No Rain Date)**

Please call the phone number (taped announcement) for inclement weather

(Gates Open)

**SATURDAY, 18 SEPTEMBER : 14:30**

**SUNDAY, 19 SEPTEMBER : 11:00**

A GREAT SELECTION OF ARTISTS AND MUSIC TO INCLUDE  
HIP-HOP, RAP, POP, ROCK, JAZZ, R&B, REGGAE, OLD SCHOOL,  
TOP 40 AND MORE

PLUS, DJ'S, FOOD, STREET PERFORMERS,  
YOUTH ACTIVITIES & FIREWORKS

**U.S. Army Japan &  
Japanese Ground Self Defense Force  
Military Awareness Day**

**SUNDAY, 19 SEPTEMBER 2010**  
**12:00 - 17:00**

Vehicles and equipment for U.S. Army Camp Zama &  
Japanese Ground Self Defense Force are displayed  
Also, demonstrations will be performed

## ミュージック フレンドシップ フェスティバル

**2010年9月18日(土曜日)**  
**2010年9月19日(日曜日)**  
**15:00 - 21:00 (雨天決行)**

雨天・荒天の場合は、下記の電話番号 (テープ案内) にてご確認ください。

(開門時間)

**9月18日(土曜日) : 14:30**

**9月19日(日曜日) : 11:00**

ヒップホップ、ラップ、ポップ、ロック、ジャズ、R&B、  
レゲエ、ナツメロ、全米トップ40等のライブが開催されます。

その他、D.J.、屋台、ストリート パフォーマンス、  
子ども用ゲームや花火をお楽しみいただけます。

**キャンプ座間  
体験デー**

**2010年9月19日(日曜日)**  
**12:00 - 17:00**

在日米陸軍キャンプ座間・  
陸上自衛隊座間分屯地にて所有の  
車両等の展示、および実演説明を行います。



For your protection and safety, large bags, backpacks, ice chests, coolers, skate boards,  
bicycles, kick bikes, pets, alcoholic beverages and glass containers are prohibited  
\* Please expect entry delays

"FORM OF PHOTO IDENTIFICATION" MAY BE RANDOMLY CHECKED

保安上、大きなバッグ、バックパック(ナップザック)、クーラーボックス、スケートボード、自転車、キックボード、  
ベクト、お皿、ビンやコップ等のガラス類の持ち込みは禁止されています。  
\*ゲートでの荷物検査の為、入門に遅延がかかる場合がございますのであらかじめご了承下さい。  
「写真付き身分証明書」の提示が必須になる場合がございます。よろしくご理解・ご協力をお願い致します。

Phone numbers & the website information will be announced after the August 8th Bon Odori Festival  
盆踊りフェスティバル終了後(8月8日(日)以降)、下記の電話番号およびウェブサイトにて詳細をお伝えします。

For more information: Please call [ By Fri. 17 Sep. ]  
Taped Announcement [ By Sun. 19 Sep. ]  
お問合せ: 電話 [ 9月17日(金)まで ]  
テープ案内 [ 9月19日(日)まで ]

• DSN: 263-5712/8892 • TEL: 046-407-5712/8892  
• DSN: 263-4177 • TEL: 046-407-4177  
• DSN: 263-5712/8892 • TEL: 046-407-5712/8892  
• DSN: 263-4177 • TEL: 046-407-4177

<http://www.mwrjapan.army.mil/events>





The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

## ZAMA Community BUGLE

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### THIS MONTH'S COVER

Our 51st Bon Odori Friendship Festival will be held Saturday, 1030 - 2130, 7 August, with our Japan Ground Self Defense 4th Engineer Groups as co-hosts. We can expect more than last year's 45,000 of our host nation neighbors and friends to attend this popular traditional event and enjoy dancing, various food booths, souvenirs, rides, street performers, live entertainment and music culminating in a grand fireworks display. Of course, the main event is the dancing around the Bon Tower. This is a great opportunity for photographs, so, don't forget your cameras, and, by all means, learn the Bon Dances and wear a traditional summer yukata for a wonderful cultural experience.

Check the centerfold for times of the day's event, and, if you plan to drink, please ride the shuttle bus home. The bus schedule is also on the center page.

Cover displays a montage created by Hideko Mcketa.

“See the Bugle for the advertisement”.

**CAMP ZAMA**  
**BOSS PROGRAM**  
*Meeting every Tuesday at 1530 hrs in the Warrior Zone (located in Building 533). Everyone is welcome to attend!!!*

**BOSS WARRIOR ZONE HOURS!!!**  
Tuesday, Wednesday Friday:  
1800 - 2200  
Saturday: 1200 - 2200  
Phone: 263-3399

**BOSS President:**  
SGT Valery Valtrain  
Tel: 263-5197  
e-mail: valery.valtrain@us.army.mil

# N

ote: The Zama Youth Center will be closed on 7 August due to the "Bon Odori Festival".



## ■ Child, Youth and School Services

• 263-4500 [www.zamayouthcenter.org](http://www.zamayouthcenter.org)

### SUMMER HOURS OF OPERATION

Monday - Thursday	1200 - 2000
Friday	1200 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

\* Hours may change due to scheduled programs.

### YOUTH CENTER

#### Yokosuka Teen Center Trip (FREE)

August 6, 9 am - 5 pm. Come and spend a day at Yokosuka's Teen Center! Later, we will stop at the NEX for a little "back to school shopping" and have lunch.

#### • Atsugi Pool (Transportation is Free)

August 11, noon - 5 pm. Bored? Need something to do? Ride with the youth center as we take a trip to Atsugi to cool off at their outdoor pool. Youths must pay a pool fee (\$2).

#### • Izu Beach Trip

August 13, 6 am - noon. The cost on/ before 6 August, \$15; after \$25). Enjoy a day in the sun on the beautiful white sand beaches on the Izu Peninsula. Grab your boogie boards and snorkel gear and sign up now! Cost includes transportation and lunch.

#### • Yokosuka Marina Trip

August 18, 9 am - 5 pm. The cost on/ before 11 August, \$25; after \$35). Need a way to cool off? Join the youth center for a day of fun and excitement as we head to the Yokosuka Marina. Enjoy a day of tubing, boating, and kayaking. Finally, finish off the day with some shopping with a trip to the Yokosuka NEX! Cost includes: transportation, kayaks,

**\$45** Cost is \$45 before 19 August after \$55 (cost includes transportation and free pass to all rides, except Haunted House):

**FUJIKYU HIGHLAND**  
25 August, 7 am - 7 pm

Are you a thrill seeker? Do you love roller coasters? CHECK OUT: Eejanaika, the world's second "4D" coaster; Fujiyama, which held the tallest and longest roller coaster record from 1996-2000; Donpa, which held the record for the faster roller coaster from 2001 - 2003; Japan's scariest Haunted House, its 40 minutes long!

## Mt. FUJI CLIMB AND ORIENTATION

Orientation: FREE  
Monday, 2 August

Mt. Fuji Climb: \$75  
3 - 4 August

Join us at the Camp Zama Youth Center to learn all about hiking one of Japan's famous landmarks "Mt. Fuji". Learn about tips on how to carry a backpack, what you need to pack, what to expect about hiking Mt. Fuji and so much more.

Take advantage of living overseas and explore the many sights Japan as to offer. Hike one of Japan's greatest landmarks, "Mt. Fuji".

For more information, 263-4500





canoes, snorkel gear, tubing gear, and life jackets.

- **Zama Youth Book of Records**

August 19, 3 - 6 pm. Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record in free throw shoots, 3 point shoot outs, hula hoop spins, or the Wii home runs. This monthly event is open to all registered members in grades 6 - 12.

- **Yokota Teen Center Trip (FREE)**

August 20, 9 am - 5 pm. Come take a trip with us to Panther's Cove! Later, we will stop by the BX for some back to school shopping and then lunch at the food court.

- **Back to School Party**

August 24. For more information, please see inside back page.

## TECH LAB

- **Web Design and Development**

Ever wonder how dynamic websites are made? Have an interest in expressing art through digital design? This month we will finalize our Web Dev Program starting with installing

# Movie-Making

Do you constantly use the video camera on your phone or camera?  
Do you love movies and wonder how they are made?

We will begin this month with an in-depth look at how movies are made. Starting 4 August and ending 6 August, we begin a 3 day workshop covering pre-production, production and post-production. On the 24th of August, we will end the summer with the CZAR Award Ceremony to honor the best films made over the summer.



a local web server, learning exciting web trends such as the use of AJAX and JQuery and end it with a 3 day workshop to compile our entire summer's work into a Content Management System (CMS); either Joomla or Drupal, kid's choice! Programs start at 1400.

- **Tech Skill Builder Fridays**

Are you interested in technology or just looking to improve your com-

puter skills? Well, come join the Youth Center's Tech Skill Builder sessions every Friday in August starting from the 13th. Come learn to use Microsoft Office, improve your knowledge of your computer, the internet or learn to troubleshoot common computer problems. Please check out the calendar on our website for specific event days. <http://www.zamayouthcenter.org>

## TORII STATION SUMMER CAMP

8 - 11 August

Cost for this trip is TBA



Join us as we take a trip to Okinawa for a little fun in the sun! We will be visiting the new water park at Torii Station and other must see landmarks on Okinawa.

For more information, 263-4500



## BE A PART OF SOMETHING SPECIAL! JOIN A CLUB!

### • **Keystone Club:**

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoners plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this

program and how to get involved, contact Ms. Yelitza Marin-Guzman [yelitza.maringuzman@us.army.mil](mailto:yelitza.maringuzman@us.army.mil)

### • **Torch Club:**

A great leadership program for tweens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify Club and community needs, develop programs and activities and actively participate in their community. To find out more

about this program, e-mail [quinton.smith4@us.army.mil](mailto:quinton.smith4@us.army.mil)

### • **DJ Club:**

Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center has a program for YOU. The Zama Youth Center staff will teach you all the basic criteria to become a professional DJ. This program is for registered members 7th - 12th grades. To find out more about this program, contact Mr. Robert Chance at 263-5441.

### • **Tech Club & ZTN Crew:**

Be a part of a youth run news show! Club members in grades 6 - 12 will learn how to film, edit and produce their own news show which will be shown on the Zama Youth Center's website and on the MWR Channel. We're looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join at anytime. Also, check out Camp Zama's Teen Tech Team! Members are involved in photo taking, manipulation, movie making, web designing, and community projects concerning technology and much, much more. To find out more about this program, contact Mr. Chrismond Raga at [chrismond.Raga@us.army.mil](mailto:chrismond.Raga@us.army.mil).

## INFORMATION FROM SCHOOL LIAISON'S OFFICE

*Hours of Operation for School Administration Office for Re-registering and New Registration for School Year (SY) 2010 - 2011, are as follows:*

### • **John O. Arnn Elementary School**

Monday - Friday: 0800 - 1500 (no lunch)  
Phone: 267-6602

### • **Zama Middle School**

Monday - Friday: 0800 - 1130 and 1230 - 1530 (closed during lunch)  
Phone: 263-4040

### • **Zama American High School**

Monday - Friday: 0800 - 1130 and 1230 - 1500 (closed during lunch)  
Phone: 263-3181

*Parents receiving free or reduced lunches for their children need to reapply for the upcoming SY. Please come by Parent Central Services for a new application.*



**For more information, call 263-3241**

# CHILD CARE

## Short Term Alternative Child Care Program (STACC)

CYSS Outreach Services can assist Units, Chaplain's Strong Bond programs and FRG's that are in need of hourly care through our STACC program. We can coordinate childcare for events like:

- Family Readiness Groups
- Religious Functions
- Hail and Farewells
- Battalion Coffees
- OWC and NCO Spouses Functions
- Unit Formals and Parties

If your unit / organization would like to request and schedule STACC, please call 263-3397/4125/5723.







# **DEPARTMENT OF DEFENSE MEAL PROGRAM**



This is the "Department of Defense (DoD) Meal Program". This program is similar to the stateside United States Department Agriculture (USDA) National School Lunch Program and USDA mandates that we follow their guidance for proper implementation. The DoD Meal Program is a voluntary program that is available for Families of children from 1st - 12th grades. Kindergarten youths are not covered by the DoD Meal Plan. The primary objectives is to provide well balanced, nutritional meal service at a free or reduced rate for Families in specific income categories. Total Family income (excluding COLA) is the basis for approval or denial or acceptance into the DoD Meal Program. Youths participating in the program will have the same type of meal tickets as any other Family who purchase them at full cost. The meal tickets are used in the school cafeteria fairly by the youths to receive their lunch meal.

*Please call 263-3241 or visit Bldg 533 to get information on free and reduced meals.*

Paid Advertisements

“See the Bugle for the advertisement”.

# Are you providing child care in your home?

**Yes!**  
Caregivers living in government quarters and RCE housing must be Army certified before caring for children.

These requirements apply to anyone caring for children in their homes on a regular basis.

How can I help my caregiver become Army FCC certified?

Have your parents or caregiver contact the Garrison CYS Family Child Care office.

What are the benefits for me and my caregiver?

You will be cared for by a certified provider who has training, extensive background clearance checks, & who is frequently monitored. Your provider has access to free loan of equipment & materials, USDA food program reimbursement, financial incentives, and a built in support network!

I just found out my caregiver is not authorized to take care of me in her home!

## Are you a CERTIFIED Army Family Child Care Provider?

### Are you an Army Family in Japan.....

We are currently seeking individuals interested in caring for children in our community. There are many opportunities to help Families and children through home based care. We will provide...

- **FREE training** in a marketable occupation. Credit transfers to Army installations world-wide.
- **FREE use** of the FCC lending program (toys, equipment, materials, furniture, etc.).
- **FREE referrals** to Families needing childcare.
- **FREE workshops** on such subjects as child growth and development, storytelling, discipline techniques.
- **A support system** including FCC staff, other providers and a wide range of professionals such as fire, medical and social services personnel.
- **REIMBURSEMENTS** for foods served in accordance with USDA guidelines.

In addition, there are children and Families that may need care during evenings and weekends including respite care for children with special needs. This can only be provided through a home based child care program.

***If you're interested, give us a call at 263-3397.***

**Become FCC Certified ... It's the right thing to do!**

# Unauthorized Childcare

**Command Policy 89 prohibits unauthorized childcare in government housing. Unauthorized care is child care given to unrelated children in an uncertified home in excess of 10 child care hours per week on a regular basis. Violation of this policy may result in loss of government housing privileges.**

**For more information, please call the FCC Director at 263-3397.**



**ZAMA CHILD DEVELOPMENT CENTER, 263-4992**

- *Create a Story Book*  
Tuesday, 3 August, 9:30 - 10:30 am
- *Decorate Hats*  
Thursday, 5 August, 9:30 - 10:30 am
- *Story Time at Zama Library*  
Tuesday, 10 August, 10 - 11 am
- *Pottery Class at Arts and Crafts Center*  
Wednesday, 11 August,  
2:30 - 3:30 pm
- *Pottery Class at Arts and Crafts Center*  
Friday, 2:30 - 3:30 pm
- *Make Rainbow Snow Cones*  
Wednesday, 18 August,  
2:30 - 3:30 pm
- *PAC Meeting (Zama)*  
Thursday, 19 August,  
11:30 - 12:30 pm
- *Story Time at Zama CDC*  
Tuesday, 24 August, 10 - 11 am
- *Tour Subway Restaurant at Zama Food Court*  
Wednesday, 25 August, 10 - 11 am
- *Bowling at Zama Bowling Center*  
Thursday, 26 August, 10 - 11 am

**Zama Child Development Center**

# Parent's Night Out

**Friday, 20 August,  
5 - 11:30 pm**

Cost is \$20 per child, ages 6 weeks to 12 years.

Must register one week in advance with Parent Central Services, Bldg 533.

**For more information, call 263-4125/4743.**



**SHA CHILD DEVELOPMENT CENTER, 267-6348**

- *National Ice Cream Sandwich Day*  
Monday, 2 August
- *National Watermelon Day*  
Tuesday, 3 August
- *Friendship Day*  
Thursday, 5 August
- *Water Play Day*  
Friday, 6 August
- *Sagamihara Bowling Night*

- Thursday, 12 August, 6:30 pm
- *Strong Beginnings Graduation*  
Wednesday, 18 August, 9:30 am at the Hob Nob Inn
- *Kindergarten After School Program will begin: Call PCS for information.*  
Sunday, 29 August
- *New Strong Beginnings Class begins. Call PCS for more information.*  
Monday, 30 August

# ADDITIONAL ACTIVITIES AT SHA CDC

**Open to all CYSS parents and interested parents. Hourly care available.**

- |   |   |
|---|---|
| <b>Brown Bag Discussion</b>   | Tuesday, 10 August (every 2nd Tuesday of the month)   |
| Topic: Anger Management "Helping Parents Manage Their Child's Anger" (new topics every month) |   |
| <b>Infant Massage</b>   | Thursday, 12 August (every 3rd Thursday of the month) |
| <b>PAC Meeting (Parent Workshop)</b>  | Thursday, 19 August                                   |
| Topic: Potty Training at 11:30 am, Camp Zama Community Club (Eda's room)                      |   |
| <b>Parent Authentic Japanese Cooking Class</b>  | Friday, 20 August                                     |
|   | Only 8 spaces available, reserve early.               |
| <b>Open House</b>   | Thursday, 26 August, 5 - 6:30 pm, Spaghetti dinner.   |

# Baby Gym

**Educational and Developmental Intervention Services**

**3rd Thursdays of the month, 3:30 - 4:30 at SHA CDC  
Gross Motor Room, SHA CDC**

**Hosted by  
Tara Vollertsen, MPT  
Pediatric Physical Therapist**

Help your baby develop motor skills through games and activities.  
Open to all children birth to pre-walking.  
Please bring a towel and comfortable clothes.

**Improve Balance • Have Fun • Bond with Your Baby • Build Strength • Develop Coordination • Play with Others**



# S

AS "Summer Camp Program". Are you looking for a place where your children can join other children in fun, high "Adventure Learning" activities? Come join the School Age Services Summer Camp. "If it's fun, we'll do it".

## School Age Services • 267-6013

### ... SAS Program Hours ...

Regular	Monday - Friday	0630 - 0830 and 1500 - 1800
Early Care	Monday - Friday	0530 - 0630
Half Day School		0530 - 0830 and 1200 - 1800
No School Day		0630 - 1800
Before / After Program Hours		0530 - 0830 and 1500 - 1800

### SCHOOL AGE SERVICES OFFERED THROUGHOUT THE YEAR

School Age Services (SAS) supplements the school schedule with a wide variety of after school activities for youths 1st - 6th grade. SAS offers care for "Before and After" school, Hourly Care Open Recreation Program, School Day Out and a Summer Camp Program. The Before and

After School program has options for before school only or after school only. Each of these options entitles program participants to full day care services during out of school periods, excluding federal holidays, during the school year. Additionally, separate SAS Camps are operated during winter and spring breaks for those patrons who normally do not require daily before and after school care. During the summer months, SAS operates a full day camp program over eleven, one-week sessions.

### ... SAS AUGUST EVENTS ...

SAS August Theme: "Summer Fun 2010"

Character Counts: **Caring**

- Week 7 An Invitation to a World Celebration
- Week 8 Super Sports Spectacular
- Week 9 Zooprise Party Parade

#### "SUMMER CAMP FIELD TRIPS"

• Tuesday	3	0730 - 1730	Fujikyu Highland
• Thursday	5	0900 - 1630	Enoshima Aquarium
• Tuesday	10	0830 - 1630	Yomiuri Land
• Thursday	12	0830 - 1630	Hiratsuka Sogo Park
• Tuesday	17	0830 - 1630	Summerland
• Thursday	19	0830 - 1630	Ueno Zoo

### PARENT'S ADVISORY COUNCIL (PAC) MEETING

During the months of July and August the SAS Parent Advisory Council will not meet but will resume in September. Parents, this is a great opportunity for you to provide input, answer questions and share your concerns. We meet in Bldg 337, 4:45 pm. The next parent advisory meeting is scheduled for 16 September.

# SAS PROGRAMS OFFERED

School Age Services (SAS) offers care for Before and After School with options for before school only or after school only.

- Full day care on school out days
- Winter/Spring/Summer Camps
- Funastic Adventure for a day
- Half a day escapade
- Creative play



**SKIES Unlimited**

School Age Services of Cambridge, Independence, Exploration & More



**"Super-Saturdays"**: Free Open Recreation activities every second and fourth Saturday for the community from 1 - 6 pm. All events guarantee fun for your children.

**"Funastic Adventure Day"**: School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm. Cost is \$25 per day.

**"Half a Day Escapade"**: School Age Services will provide care for your children on early release days from noon - 6 pm. Cost \$15 per day.

**"Creative Play"** (occasional/hourly care): SAS will provide 12 hours of hourly care per month. Reservations must be made in advance. Cost is \$3 per hour.

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.

**"International Outreach"** This program is designed for SOFA Status children attending Japanese schools. School Age Services will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school break.

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.



## NEW SCHOOL YEAR 2010 - 2011

*Our program provides enriched environments, caring professionals, fun activities, and a safe place for your child.*

**New School Year Schedule changes:** New School schedule will be 0815 - 1436. The new school year starts 30 August.

**Before Care:** School Age Services staff will depart SAS on SHA at 0805 with before care children and walk them to school

**After Care:** At 1415 SAS staff will be waiting at the SHA meeting point on Armin Elementary playground to bring children into the after school program.

**Changes for 6th graders attending SAS:** This coming school year the cost will be FREE for sixth graders attending School Age Services.

### List of "out of school" dates

#### • Early Release

Monday	30	August	2010
Tuesday	9	November	2010
Friday	18	February	2011

#### • Federal Holidays:

Monday	6	September	2010	Labor Day
Monday	11	October	2010	Columbus Day
Thursday	11	November	2010	Veterans Day
Thursday	25	November	2010	Thanksgiving Recess
Monday	17	January	2011	Martin Luther King, Jr. Birthday
Friday	21	February	2011	Presidents Day
Monday	30	May	2011	Memorial Day

#### • Full School Out Days:

Friday	24	September	2010	No school
Friday	29	October	2010	no school
Friday	5	November	2010	no school
Wednesday	10	November	2010	no school
Friday	12	November	2010	no school
Wednesday	24	November	2010	Thanksgiving Recess
20 December - 2	January	2011		Winter Recess
Friday	14	January	2011	no school
Friday	28	January	2011	no school
Friday	4	February	2011	no school
Friday	25	March	2011	No school
Friday	8	April	2011	no school
	11 - 15	April	2011	no school (spring recess)
Friday	20	May	2011	no school
Friday	17	June	2011	



**SKIESUnlimited**  
Schools of Knowledge, Inspiration, Exploration & Skills

**For more information, please call 267-6013**

School Age Service

# SUMMER

# Programs

All children must be CYSS registered members

To register your child or for more information, please stop by the CYSS Parents Central Services Office in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

#### I. SAS Summer Camp 2010 (until 20 August)

Presenting "Camp Adventure Camp Counselors"  
Time: 0530 - 1800  
Day: Monday - Friday  
Place: SHA SAS Building S-337  
Cost: Determined by rank

#### II. Camp Zama Specialty Camp

Date: Monday, Wednesday and Friday until 20 August  
Time: 0830 - 1130  
Day: Monday, Wednesday, and Friday  
Place: SHA SAS Building S-337  
Cost: \$50 per week  
Meals and transportation are not included

#### III. School Age Adventure Days

Cost is \$30 per child  
Meals and transportation included  
Limit 15 children

Week 7.	Photography Camp	August 2, 4, and 6
Week 8.	Arts and Crafts Camp	August 9, 11 and 13
Week 9.	Science Camp	August 16, 18 and 20
Week 10.	Cooking Camp	August 23, 25 and 27

Tuesdays

3	August	Fujiky Highland
10	August	Yomiuri Land
17	August	Summerland

Thursdays

5	August	Yokohama Science Museum
12	August	Hiratsuka Park
19	August	Ueno Zoo



**SKIESUnlimited**  
Schools of Knowledge, Inspiration, Exploration & Skills



# Y

outh Sports and Fitness is always in need of qualified officials; if you are interested in officiating games for youth sports please contact us at 263-5437.

## ■ Youth Sports and Fitness • 263-5437/4066

### VOLUNTEER COACHES

The #1 priority in providing a great youth sports program is our volunteer coaches - people just like YOU. We need you in order to provide a great experience for the youths in our community. If you're interested, please contact us at 263-5437. In addition, more information and an application are on our website: [www.zamayouthsports.org](http://www.zamayouthsports.org). As soon as we receive your application, we will process all required documents

and schedule you for a coach's class to be certified to coach youth. Upcoming sports coaches are needed for: dodgeball 7 - 10 and 11 - 15 age groups and basketball; 9 - 10, 11 - 12, 13- 15 (boys) and 9 - 11 and 12 - 15 girls age groups.

### SPORTS PHYSICAL

AR 608-10 requires all youth participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, CER staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at BG Crawford R. Sams Clinic may be limited as the result of so many renewing their youth sports physical.

### REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.



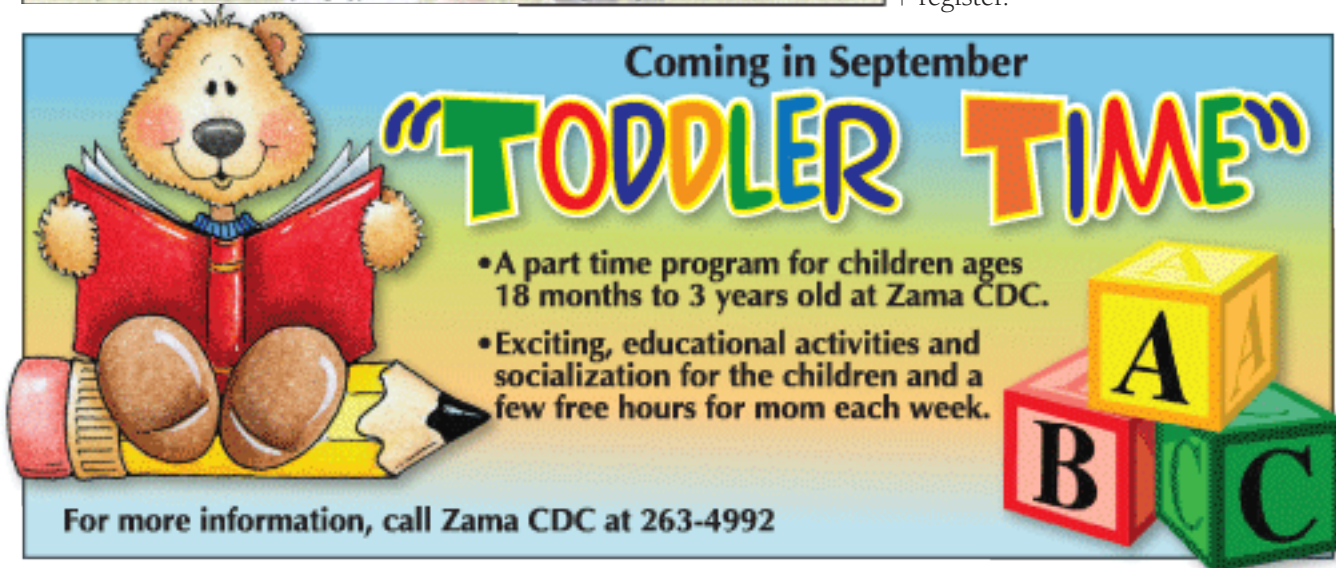
**Fall Swim Team Registration**

Fall Swim Team sign up is ongoing until filled. Practices start in late August. Starting this season, high school students can sign up and earn a high school letter if they meet certain conditions outlined by DoDDS.



**FALL SOCCER SIGN UP**

Sign up is on going until 13 August. Practices start the week of 23 August. Games start 4 September - 16 October. Age group are 5 - 6, 7 - 8 (Co-ed); 9 - 10, 11 - 12, 13 - 14 (Boys); 9 - 11 and 12 - 15 (Girls).



**Coming in September**

# "TODDLER TIME"

- A part time program for children ages 18 months to 3 years old at Zama CDC.
- Exciting, educational activities and socialization for the children and a few free hours for mom each week.

For more information, call Zama CDC at 263-4992



**Are you ready for some Football? The CZCC presents the "3rd Annual Gridiron Challenge Program"**

---

Great weekly prizes  
Door prizes  
College Football Bowl Challenge

How is your favorite team going to do during the 2010 - 2011 season?

Come to the Firelite Lounge every Thursday beginning 9 September for a chance to win some great prizes and to talk FOOTBALL!

Pick up a copy of the September Bugle for a complete list of the **QUALITY PRIZES** you could win during this 17-week program.

**COMING THIS SEPTEMBER, DON'T MISS IT!!!**




*Design by Randy Benton*

**For more information, 263-4547**

"See the Bugle for the advertisement".



# C

afe Roberto.

Hours of operation are  
**Tuesday - Sunday,**  
**11 am - 11 pm. Proudly**  
**serving Starbucks Coffee**  
**all day!!! Enjoy sandwiches,**  
**salads, nachos, pizza and**  
**desserts with Family or**  
**friends in Cafe Roberto. No**  
**food service after 10 pm.**

**CZCC**  
**BINGO**  
*Night*  
**Every Thursday Night!**  
 Cards on sale starting: 6 pm  
 Early Bird Game starts: 6:45 pm  
 Regular Game starts: 7 pm.  
 Up and Down Jackpot \$3,000 starting  
 at 46 numbers and every 3 weeks will  
 go up 1 number and go down \$100,  
 and Progress SR Jackpot \$5,000  
 starting at 46 numbers and every 3  
 weeks will go up 1 number.  
**FOR MORE INFORMATION,**  
**PLEASE CALL 263 - 4547**

## ■ Camp Zama Community Club

• 263-4547

### FIRELITE LOUNGE

#### • Hip Hop Music w/DJ

On Friday Night, 6, 20 and 27 August, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

#### • Latino Night

Friday, 13 August and Saturday, 28 August, 10 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

#### • Country Music with DJ

On Saturday night, 7 and 14 August, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

#### • Old School Night

Saturday, 21 August, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

### LUNCH

#### Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95  
 Youths 8 - 12: \$6.95  
 Youths 4 - 7: \$3.95  
 3 and under: Free

#### Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

3 Teriyaki Chicken  
 10 Fried Menchi Cutlet  
 17 Taco Rice  
 24 Lemon Pepper Herbed Chicken

#### Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

4 Veal Parmesan  
 11 Pork Cordon Bleu  
 18 Hamburger Steak w/Demiglaze  
 25 Pork Chop Suey

#### Thursday: (Rotisserie Chicken and vegetable of the day)

## Catering Services



The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.

## SATURDAY 14 AUGUST 2 PM CZCC BALLROOM

*Tickets purchased by 10 August \$40, After 10 August \$50*  
*Includes non-alcoholic drinks and prizes*  
*Prizes will be based on the number of players*  
*Sign up at CZCC Cashier's Window*  
**Adults Only**

**CAMP ZAMA COMMUNITY CLUB 2 6 3 - 4 5 4 7**

**TH T**  
**TEXAS HOLD'EM TOURNAMENT**



## LUNCH

- 5 • Pork Milannese w/Caper and Lemon Sauce
- Penne Arrabiata
- 12 • Thai Green Curry
- Marbou Nasu Donburi
- 19 • Cajun Roast Pork
- Spaghetti Meat Sauce
- 26 • Caribbean Jerk Chicken
- Garlic Tomato Cream
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
- 6 • Sweet Sour Chicken
- Yakisoba
- Fried Rice / White Rice
- 13 • Chicken Enchiladas
- Beef Tacos
- Mexican Rice
- Burritos
- Mexican Corn
- 20 • Chicken Curry
- Fried Beef and Potatoes Croquettes
- White Rice
- 27 • Baked Meat Loaf
- Chicken Penne Au Gratin
- Mashed Potatoes with Gravy

## DINNER MENU

**Sunday** (limited menu) 5 - 9 pm  
 "2 for 1 Steak Night"  
 (no take out)  
 Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

**Monday** - Closed

**Tuesday** (5 - 9 pm)  
 2 meals for \$15 and limited menu.  
 Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).

**Wednesday** (5 - 9 pm)  
 • Mongolian BBQ (\$0.75 oz)  
 • Limited menu

Reservations: Please call 263-4547 before 3 pm.

**Thursday** (5 - 9 pm)  
 • "All You Can Eat Pizza, Pasta, Soup and Salad Bar"  
 (no take out)

## DINNER MENU

Adults: \$10.95  
 Youths 4 - 12: \$5.95  
 Under 3 years old: Free

- Regular menu

**Friday "Chef's Special"** (5 - 9 pm)  
 Regular Menu

**Saturday** (5 - 9 pm)  
 • Regular Menu  
 • Prime Rib Dinner  
 • Prime Rib and Shrimp Scampi

13 Bunco Night  
 14 Texas Hold'em  
 21 Summerfest  
 24 Back to School Festival

Our regular menu will be offered in addition to the above specials on Saturday night.

CZCC Ban Odori Hours	
Cafe Roberto - - - - -	Closed
Ballroom: CG Reception - - - -	1630
Dining Room - - - - -	Closed
Cashier / Game Room -	2000 - 0230
Firelite Lounge - - - -	2000 - 0230
Hob Nob - - - - -	Closed

**FREE • FREE • FREE**

**It's Bunco TIME!**

**Gals ... and guys too!**

**13 August, 6:30 pm, at CZCC Ballroom (right wing)**

**CASH PRIZES**

\$100	Most Buncos
\$100	Most Mini Buncos
\$100	Most Wins
\$100	Most Losses

**Light snacks are available.**

Participants must be 18 or older.

For more information, 263-4547

COME OUT TO YOUR NEW CAMARADERIE & TEAM BUILDING

# SOCIAL HOUR!

**WEDNESDAYS, 4:30-7 PM @ CAFE ROBERTO'S**  
**FRIDAYS, 5-7 PM @ FIRELITE LOUNGE**

1st Friday - "Right Arm Night"

2nd Friday - "Bring Your Boss Night"

3rd Friday - No Social Hour On Community Nights

4th Friday - Ichi Dan Night "One Team"

**FREE HORS D'OEUVRES**

**UNBELIEVABLE RETRO-PRICES**  
**\$1-\$1.50 DRINK SPECIALS**  
**WEEKLY COCKTAIL SPECIALS**  
**FREE DOOR PRIZES EVERY FRIDAY**

WE SUPPORT THE DESIGNATED DRIVER PROGRAM  
 Please contact a club employee if you need a ride home

FOR MORE INFORMATION, PLEASE CALL  
**263-4547**

CAMP ZAMA COMMUNITY CLUB SERVING THE BEST CUSTOMERS IN THE WORLD



# W

eeekday  
tee times will be given  
out two weeks in  
advance for individual  
tee times, or 90 days  
in advance for larger  
groups. Requests for  
multiple tee times must  
be made in writing  
(or e-mail) to course  
management.

■ **Camp Zama Golf Club • 263-3694**  
<http://www.usarj.army.mil/information/mwr/business/golf/>

## Mark Your Calendars!

Military Long Drive Contest	- - 14 August
Nichibei	- - - - - 18 August
2 Person Best Ball	- - - - - 21 August
Club Championship	- - - - - 11 - 12 September
Zama Open	- - - - - 16 - 17 October



## TOMODACHI DAYS ARE AS FOLLOWS:

6 August - Friday  
20 August - Friday  
17 August - Tuesday  
27 August - Friday

Your Japanese guests (max 3 guests per person) can play with you for the

low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

## NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 18 August, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.



## JR. GOLF INSTRUCTION

*with Mike Sul, PGA*

Every Monday from 1600-1700  
Started on 1 March

Cost: \$10

Sign-up at the Pro Shop NLT the Sunday prior  
Need at least 2 students to conduct the class

FOR MORE INFORMATION CONTACT MICHAEL SUL AT  
263-4975 OR EMAIL MICHAEL.SUL@US.ARMY.MIL

# Red Bull





## Bon Odori Friendship Golf Outing

Saturday, 7 August, 0730 Hours Shotgun Start



### Handicaps are not required!

- SOFA status golfers (with annual green fee card) - \$25,    - SOFA status non-members - \$39  
Cost includes breakfast, lunch and door prizes!

Contact Ernie Harada at 263-4225 to sign up. Field is limited to 144 players.

Z A M A G O L F C L U B

## LUNCH

### Sunday

- 1 Bruschetta and Cheese  
Stuffed Chicken Breasts
- 8 Fettuccine Cacciatore
- 15 Sausage and Tomato  
Rigatoni
- 22 Chicken and Baked  
Pasta Toss
- 29 Easy Baked Ravioli

### Monday

- 2 Chicken Apritada
- 9 Beef Stew
- 16 Chicken Fajitas
- 23 Pork BBQ Skewer
- 30 Stir Fry Chicken

### Tuesday

- 3 Chicken Cacciatore
- 10 Hamburger Steak  
w/Swiss Cheese and Gravy
- 17 Meatloaf
- 24 Sweet and Sour Chicken
- 31 Pork Cutlet w/Parmigiana

### Wednesday

- 4 Mediterranean Chicken  
Pasta
- 11 Veggie Pasta Served

## LUNCH

w/Garlic Bread

- 18 Shrimp Chow Mein
- 25 Chicken Teterazzini

### Thursday

- 5 Chicken Tostada
- 12 Beef Fajitas
- 19 Saucy Pork Medallions
- 26 Cheezy Chicken

## LUNCH

### Friday

- 6 Pork and Italian BBQ Sauce
- 13 Parmesan Crusted Chicken  
in Cream Sauce
- 20 Mix Seafood Yakisoba
- 27 Beef Curry Rice

### Saturday

No Lunch Special

CAMP ZAMA GOLF CLUB 263-3694

# LEARN TO GOLF ADULT CLASSES

Includes: - Five 90 Minute Group Lessons  
Four On The Range And  
One On The Golf Course, - Plus Four 9 Hole  
Rounds Of Golf,  
- Clubs And Balls Provided.

**SIGN UP NOW  
IN THE GOLF SHOP**

**INSTRUCTOR: DALE JORGENSEN, DIRECTOR OF GOLF 263-3694, EMAIL AT DALE.JORGENSEN@ZAMA.ARMY.MIL**  
WHEN: THURSDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB DRIVING RANGE (PAST GATE 7)  
COST: \$99 PER PERSON, MINIMUM 5-MAXIMUM 8 STUDENTS  
SESSION #5 - August 19th, 26th, Sept 2nd, 9th and 16th  
SESSION #6 - Sept 30th, October 7th, 14th, 21st and 28th

**INSTRUCTOR: MIKE SUL, ASSISTANT GOLF PROFESSIONAL 263-4975, EMAIL AT MICHAEL.SUL@US.ARMY.MIL**  
WHEN: TUESDAYS, 1600-1730 HOURS AT CAMP ZAMA GOLF CLUB DRIVING RANGE (PAST GATE 7)  
COST: \$89 PER PERSON, MINIMUM 6-MAXIMUM 8 STUDENTS  
SESSION #6 - Sept 7th, 14th, 21st, 28th, and Oct 5th  
SESSION #7 - Oct 19th, 26th, Nov 2nd, 9th, and 16th

ELIGIBILITY: OPEN TO SOFA STATUS PERSONNEL, MLC, IHA, HPT AND JGSDF ONLY



# 2 Person Best Ball TOURNAMENT

**SATURDAY, 21 AUGUST, ZAMA GOLF CLUB**  
TEE TIMES STARTING AT 0600 HRS.

- This is a one day team event with a \$20 entry fee per person.  
Fee does not include carts or lunch.
- Open to the first 72 players to sign up.
- Current USGA Handicaps are required (handicaps as of August 15 will be used).
- The field will be divided into flights of 12 based on USGA Handicap index.
- Gift certificates will be awarded to the top 4 net finishers in each flight.
- Deadline for application is on Tuesday, 17 August, 1730 hours, at the Golf Shop.
- Payout as follows (assuming full field). Payout may vary based on size of the field.  
1st - \$100, 2nd - \$75, 3rd - \$40, 4th - \$25

**CONTACT DALE JORGENSEN, DIRECTOR OF GOLF AT 263-3694, EMAIL DALE.JORGENSEN@ZAMA.ARMY.MIL**



“See the Bugle for the advertisement”.

# QBC Army Community Service Quarters Beautification Competition



- Judging for the Quarters Beautification Competition (QBC) for August will be conducted during the period 2 - 11 August at the Zama, Depot and Sagami-hara Housing Areas.
- August is the fourth month of five consecutive months to determine those outstanding homes with an appealing, eye-catching exterior appearance and one that may get you recognized for a 1st, 2nd or 3rd place award.
- Awards will be presented on site in each of the three areas on 20 August.
- REMINDER: if you are a first place winner you qualify to be recognized as an "overall" first place winner in your area at a ceremony on 8 October (location TBD).
- For additional information, please contact your community mayor or Army Community Service (ACS) at 263-8087.

**MWR COMMERCIAL SPONSORSHIP** and the **Army Community Service Staff** appreciate the support of the USA FEDERAL CREDIT UNION, RED BULL and the CAMP ZAMA EXCHANGE (AAFES) for supporting this five month program for the benefit of our community members.



# WIN \$10,000

Be one of the ten to compete at the  
2010 Military Long Drive Championship  
Finals for \$10,000. Win local prizes too.

## Register Today!

[www.armymwrgolf.com](http://www.armymwrgolf.com)

**Date:** 14 August  
**Time:** 1 - 6 pm  
**Course:** Sagami General Depot

Contact Dale Jorgenson at 263-3694 for details. Open to Active Duty service members from any branch of service and their Family members 18 years and older with valid Military Id card, Reservists, National Guard, and Retirees may participate in the Long Drive Competition held on participating US Army golf courses. Reservists and National Guard members regardless of status are eligible to compete.



# 盆踊 Bon Odori Festival



**Saturday, 7 August, 1030 - 2130**

## Event Schedule

### Sports Events

1100 Bilateral Youth Basketball Game  
1200 Bilateral Baseball Game

### Street Performances

1300 - 1330 / 1430 - 1500 / 1545 - 1615 / 1700 - 1730 /  
1800 - 1830 / 1900 - 1930

### Entertainment

1200 - 1245 Green-T  
1245 - 1305 DJ Curtis Harmon  
1305 - 1350 Route 66  
1350 - 1410 DJ Curtis Harmon  
1410 - 1455 Hitomi & The Heartbeats  
1455 - 1515 DJ Curtis Harmon  
1515 - 1600 Michael Fogarty and Nu Infiniti  
1600 - 1620 DJ Curtis Harmon  
1620 - 1705 Majestic  
1705 - 1725 DJ Curtis Harmon  
1725 - 1810 Unity 7  
1900 - 2000 Bon Odori Begins  
2030 - 2100 Fireworks Begin



### • • • Shuttle Bus Schedule • • •

Pick-up	SHA Narita Bus Stop	1100	1600	1900
Drop-off	Music and Theater Work Shop	1130	1630	1930
Pick-up	Music and Theater Work Shop	2130	N/A	N/A
Drop-off	SHA Narita Bus Stop	2200	N/A	N/A
Pick-up	SGD B# 90-S10	1100	1600	1900
Drop-off	Music and Theater Work Shop	1200	1700	2000
Pick-up	Music and Theater Work Shop	2130	N/A	N/A
Drop-off	SGD B# 90-S10	2215	N/A	N/A





# COMMERCIAL SPONSORSHIP



御礼  
THANKS

TO  
OUR SPONSORS FOR  
SUPPORTING THE CAMP  
ZAMA COMMUNITY AND  
THE 51ST BON ODORI  
FESTIVAL.

**REVLON**

**DyDo**  
DYDO DRINCO, INC.



**Shades**  
your alternative to madness

**TEMPLE UNIVERSITY**  
Japan Campus



**NORAM SPORTS**

\* Sponsorship does not imply endorsement by the U.S. Government.

CAMP ZAMA COMMUNITY CLUB  
**COMMUNITY**

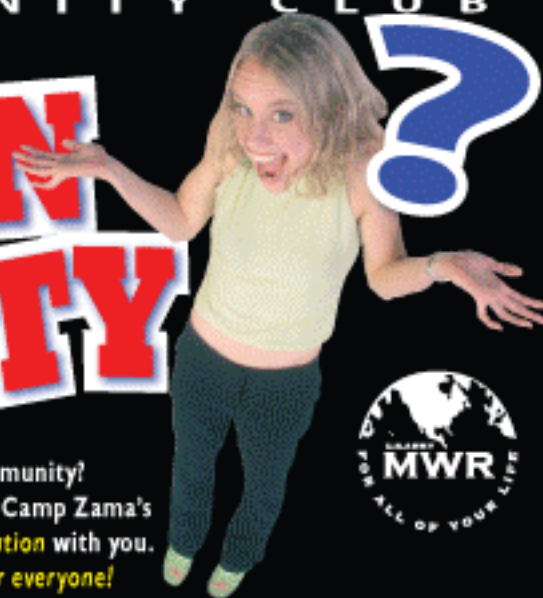
# INFORMATION BLOCK PARTY

Want to know what's going on in your community?  
Come on out to the CZCC and find out. Many of Camp Zama's  
organizations will be there to share their *information* with you.  
*Bring the whole family, there'll be something for everyone!*



On Site Child  
Care and Shuttle  
Bus Available

\*Camp Zama & SHA



**FRIDAY, 13 AUGUST, 1500 - 1900**

\* Food served at 5 pm.

**PARTICIPANTS:**

MWR • AAFES • COMMISSARY • MEDDAC  
• COMMUNITY BANK • USA FEDERAL • ITT  
• PRIVATE ORGANIZATIONS • & MORE

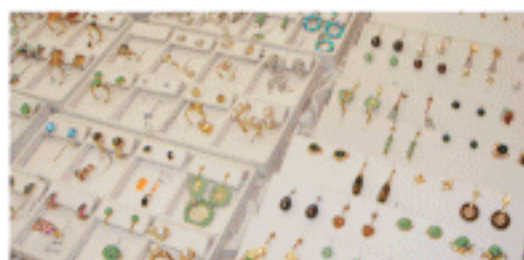
\*For more information, please call 263-4547.



# CAMP ZAMA COMMUNITY



# BAZAAR



**AUGUST**  
**28** SAT  
9 AM - 5 PM

**AUGUST**  
**29** SUN  
10 AM - 4 PM

AT THE CAMP ZAMA COMMUNITY CLUB  
For more information: ☎ 263-5316

**FURNITURE, JEWELRY, POTTERY, ANTIQUES, KANJI CALLIGRAPHY  
ARTS & PICTURES, KIMONOS, LAMP, BASKET, CARPETS, etc ...**



## Zama ITT



Zama ITT Fall & Winter Escapade Tours on sale.  
Travel booth for information will be available.

For more information:  
☎ 263-5273/4059

LUNCHES	LUNCHES	DINNER SPECIALS
<b>MONDAY</b> 2 Hamburger Steak and Fried Shrimp 9 Sweet and Sour Pork w/Spring Roll 16 Chicken Cutlet (Lounge Special) 23 Chicken Cashew 30 Fried Rice Karaage and Yakisoba <b>TUESDAY</b> 3 Ankake Fried Rice and Gyoza 10 Garlic Chicken Saute 17 Pork Ginger and Karaage 24 10oz Hamburger Steak w/Cheese 31 Taco Rice and Karaage <b>WEDNESDAY</b> 4 Cold Noodles and Mini Oyakodon 11 Shrimp Tempura Don	18 Steak Don 25 Fried Shrimp w/Curry <b>THURSDAY</b> (All-U-Can Eat) 5 Italian Buffet 12 Mexican Buffet 19 American Buffet 26 Oriental Buffet <b>FRIDAY</b> 6 Salmon Saute w/Soy and Butter Sauce 13 Yakiniiku and Curry Rice 20 Fried Shrimp and Fried Salmon 27 Seafood Rice Gratin w/Garlic Bread <b>DINNER SPECIALS</b> <b>TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50)</b> 3 Mexican Dinner 10 BBQ Dinner	17 Pizza and Pasta Dinner 24 Regular Menu 31 Regular Menu <b>WEDNESDAY NIGHT</b> Family night movies for adults and youths 4, 11, 18 and 25 August, regular dinner menu. Choose your discount. <b>THURSDAY NIGHT (CHEF'S SPECIAL DINNER)</b> 5 Ribeye Steak (6oz) and Salmon Saute (4oz) (\$20) 12 Ribeye Steak (6 oz) and Mahi Mahi Saute (4oz) (\$20) 19 Prime Rib Dinner (\$20) 26 Regular Menu <b>FRIDAY NIGHT</b> Mongolian BBQ on 13 and 27 August, enjoy the best Mongolian BBQ in town!!! Also, on 6 and 20 August, we offer the regular dinner menu.

“See the Bugle for the advertisement”.



“See the Bugle for the advertisement”.

# ■ Zama Bowling Center • 263-4780

LUNCHES	LUNCHES	LUNCHES
<b>MONDAY</b> 2 Teriyaki Beef w/Rice and Stir Fried Cabbage 9 Taco Rice 16 Chicken Cutlet w/Rice and Shredded Cabbage 23 Beef Bowl w/Pickled Vegetables 30 Polish Sausage w/Sauerkraut and Mashed Potato <b>TUESDAY</b> 3 Pork Chop w/Macaroni, Cheese and Corn Niblets 10 Rotisserie Chicken w/Rice and Stir Fried Cabbage 17 Hawaiian Kalua Pork w/Rice and Haupia 24 Rib Plate w/Potato Salad and Corn-on-the-cob 31 Taco Salad Supreme <b>WEDNESDAY</b> 4 Pork Adobo 11 Kare-Kare w/Rice and Turon	18 Filipino Style BBQ Stick w/Rice and Vegetables 25 Pork Gisantis Over Rice <b>THURSDAY</b> 5 Seafood Salad Wrap w/Chips	12 Clubhouse Wrap w/Potato Salad 19 Avocado Salad Wrap w/Chips 26 Pulled Barbecue Pork Wrap w/Chips

**ZAMA BOWLING CENTER'S AUGUST SCHEDULE**

- Bowlapolis Bowling Club - August 4, 11, 18 and 25, 3 pm
- Back To School Party - August 28, 7 pm  
Door Prizes, Snacks, Cosmic Bowling **ALL FREE!**
- Family Free Time Bowling - Every Thursdays, 3-10 pm

• **BOWLING CENTER RENOVATIONS - JULY 30 - SEPTEMBER 29**  
 • CLOSED JULY 30 - AUGUST 14  
 • BOWLING AND SNACK BAR OPEN  
 AUGUST 15 - SEPTEMBER 29 DURING RENOVATIONS

**FOR MORE INFORMATION, PLEASE CALL 263-4780**

Paid Advertisements

“See the Bugle for the advertisement”.



# D

eployed

**Spouse Program. If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card. This card will provide discounts throughout various MWR facilities.**

## ■ Army Community Service • 263-8327

### **MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)**

#### • *Pre-deployment and Operation R.E.A.D.Y. Training*

This training is designed to help all deploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.

### **AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)**

The ACS Financial Readiness Program offers a variety of services

such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. Units and FRGs may request classes; email gary.wertz@us.army.mil two weeks in advance minimum. For more information, contact 263-5550

#### • **Scheduled Financial Classes:**

(all classes are held 1:30 - 3:30 pm)

- \* Budget at ACS      Monday
- \* Banking at ACS      Tuesday
- \* Debt Management      Wednesday
- \* Investment TSP      Thursday

First Term Soldiers on their initial duty assignment shall complete all four classes during in-processing.

• **AER Emergency Leaves:** Primary funding for travel to a gateway city of service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.

## **Sponsorship Training 263-HELP (4357)**

Each unit must identify primary and alternate Sponsorship Points of Contact to recruit and train Soldiers to be sponsors for incoming personnel. Army Community Service (ACS) offers quarterly training to ensure your Sponsorship POCs are familiar with their responsibilities, and thoroughly trained to carry them out. ACS Sponsorship Training is scheduled on the 2nd and 4th Friday of the month, 8 - 9 am, in Bldg 402. Please call the Relocation Readiness Manager, 263-HELP, to make an appointment. If your unit has not yet identified Sponsorship POCs, please contact ACS to sign up for the next class. ACS will also come to your unit to train Sponsorship POCs and potential Sponsors. There must be at least 10 people in each class. Soldiers and Families are joining our community every day; identify sponsorship POCs now.

## **RELOCATION READINESS PROGRAM - 263-HELP**

**NEWCOMERS ORIENTATION PART I:** 18 August, 8 am - 4:30 pm, Camp Zama Community Club. Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

**NEWCOMERS ORIENTATION PART II:** 19 August, 8 - 11:30 am, Camp Zama Community Club. Continued overview of information and services including medical and dental. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA status drivers license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

**Exploring Japan / Shopping on the Economy** 19 August, 1 - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway and shop off base. Children and Family members are welcome; bring about ¥900 per adult for transportation expenses and extra yen for shopping.

**Loan Closet Available:** Monday, Wednesday and Friday, 1 - 3 pm.

**Beginner's Japanese Class:** Will resume in October.

**Adult Evening English Class:** Wednesdays 5:30 - 7 pm. No pre-registration necessary.



**MWR COMMERCIAL SPONSORSHIP** and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

- For International Calls:  
99 + 001 + Country Code + Area Code + Phone No.



- **Employment Readiness**

Provides assistance with resume's and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday afternoons, 1:30 - 3:30 pm, at ACS (pre-sign up is required):

- \* 1st Friday: Resume and Cover Letters
- \* 2nd Friday: Interview Techniques and Dressing for Success
- \* 3rd Friday: Microsoft Office Applications

## **FAMILY ADVOCACY PROGRAM (FAP), 263-HELP (4357)**

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

- **Sexual Assault Prevention and Response Program (SAPRP)**

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to prevent sexual assault through increased awareness and training, and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP / 4357 or your Unit Victim



## Survivor Outreach Service

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

*For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402*

Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP / 4357 or 090-9395-8909.

- **Victim Advocacy**

Victim Advocacy is a free service for all personnel in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or

sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact the USAG-J Victim Advocate at 882# or 090-9395-8909. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about

## Exceptional Family Member Program (EFMP), 263-HELP (4357)

# WORKSHOP

**Communicating with Teachers:**  
24 August, noon - 1 pm, at ACS.

**If you would like to become an EFMP Respite Care Provider and or learn more about eligibility for EFMP Respite Care, please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572.**

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**The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, which ever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group on 17 August, noon - 1 pm at ACS.**



domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782/4853, or 090-9395-8909.


## COMMUNITY LIFE OFFICE, 263-HELP (4357)

### • Army Volunteer Corps (AVC)

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started! This can be completed at your home, the education center, the library or by utilizing the volunteer computer at ACS. If you do not have an account at [www.armyonesource.com](http://www.armyonesource.com), register for an account by going to the site and clicking on "register for and account". Once registered with ArmyOneSource, click on "Become a Volunteer" and select "Volunteer Registration". To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator.

## ARMY FAMILY TEAM BUILDING (AFTB) 263-HELP (4357)

*The Key to your Army Journey and*



# NPSP

**New Parent Support Program- 263-4572.**

**The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.**

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Ann Elementary School).
- **Baby Love Seminar:** Age Appropriate Activities at Zama Chapel on 17 August, 9:45 - 10:05 am and at EDIS on 26 August, 10:15 - 10:35 am.
- **NPSP Workshop:** "Shaken Baby Syndrome", at ACS, 23 August, noon - 1 pm.
- **Breast Feeding Support Group** is held during 5 August at ACS BLDG 402 from 9:30 - 10:30 am and 16 August, at SHIA CDC from 9:30 - 10:30 am. Class will be taught by MEDDAC OB Nurse.
- **Labor and Delivery Childbirth** class will be offered at ACS, 19 August, 4:30 - 5:30 pm.
- **Relaxation Breathing** class will be offered at ACS, 26 August, 4:30 - 5:30 pm. Class will be taught by MEDDAC OB Nurse.
- **Baby Bundles** information and supplies for new and expecting parents are available at ACS Bldg 402.

### Passport to Power!

Join us for our next AFTB Class or go online at [www.armyonesource.com](http://www.armyonesource.com)! If you are a young Soldier SGT or below and need promotion points, AFTB is a good source and a great tool that you will be able to use throughout your military career. For more information, please call 263-4357.

## ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

"AFAP is a year round process!"

To submit an AFAP issue, log onto <http://www.mwrjapan.pac.army.mil> and "Submit an AFAP Community Idea/Concern". Issues can

be submitted anonymously and will be sent directly to the AFAP Program Manager.

## INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides, maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After: 4:30 pm and on weekends, maps and directions can also be found on [www.mwrjapan.army.mil](http://www.mwrjapan.army.mil) under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

• **Children's Japanese Language and Culture Class:** Every Monday, 10:30 am - noon, taught by a native Japanese speaker. No pre-registration required.

• **Adult English as a Second Language Class (ESL):** Cancelled.

• **Adult Japanese Language Class:**

Every Wednesday

Advanced Class: 10 - 11 am

Beginner Class: 11 am - noon

Taught by a native Japanese speaker. No preregistration required.

All classes are cancelled on US holidays.

# GUIDE TO SUPERVISE YOUR CHILD

**Guidance from the USAG-J Child Supervision Policy (September 2008)**

Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), developmental delay, behavioral problems, impulsivity, psychiatric problems or other impairments should not be given the degree of self-management / responsibility allowed in this policy.

**HOME ALONG?**

Birth - 5th grade: Never

6th - 8th grades: up to 4 hours with access to adult supervision, never overnight!

9th - 12th grades: Over 4 hours with access to adult supervision, never overnight!

Graduated: May be left overnight with access to a responsible adult.

**BABY SITTING?**

Birth - 5th grade: Never

6th - 7th grades: Siblings only! Up to 4 hours with access to adult supervision. Never overnight (2230-0530)! Red Cross Certification recommended.

8th - 12 grades: In the baby-sat child's home with Red Cross Certification. Never overnight!

**UNATTENDED IN VEHICLE?**

Birth - 5th grade: Never

6th - 10th grades: 15 minutes in a parked car with keys removed and handbrake applied.





**UNATTENDED OUTSIDE?**

Birth - 5 years: Never

1st - 5th grades: Less than 1 hour in sight or hearing distance of a parent or supervising adult.

6th - 7th grades: Up to 4 hours with access to adult supervision.

8th - 12 grades: May not loiter in the PX, Food Court or Shoppettes.

Children in K- 5th grades attending Japanese Schools must be escorted out of and into the gate unless picked up by bus.

“See the Bugle for the advertisement”.



# E

KIDEN 4-PERSON

## ROAD RELAY.

This 21st "friendship event" will be held at Sagami Depot on 3 October. **FREE to SOFA status personnel.** There will be over 11,000 runners. See the September Bugle for more detailed information and/or phone 263-7980/5995.

## ■ Sports, Fitness and Aquatics

263-3954 / 4664

### ATTENTION POTENTIAL CONTRACTORS

The Yano Fitness Center is seeking interested applicants in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

### YANO FITNESS CENTER

#### • Zama Book of Records

Every third Saturday of the month (21 August) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), volleyball serving (accuracy) and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is

fun, challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano Bulletin Board. End of the year winner's will get a chance to win fabulous prizes, as well as notoriety as their record and picture will place the glossy Zama Book of Records. "You too can become a living legend".

### SERVICES AND CONTRACTORS (263-4664)

#### • Aerobics

Instructor: Amy Bengel

Class times and fees vary; for exact times and fees, please see the Yano monthly schedule or call the Yano Fitness Center at 263-4664/5656. Times and schedule are subject to change depending on community needs.

#### • Martial Arts (Taekwondo Classes)

\* Instructor: Kellie Williams

Tuesday - Friday:

Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1800 - 1900

Cost: \$40 per month

\* Instructor: Kang Hyum Soon

Monday - Thursday:



**INVITATIONAL DOUBLES**  
TENNIS TOURNAMENT  
MEN & MIXED DIVISION

**9 am • Saturday, 14 August**

- \$5 per doubles tem
- Open to all ~ Must be 18 and up and not in high school.
- Entry deadline is 9 pm, Friday, 13 August.
- For more information, please call 263-4664.



**YANO FITNESS CENTER**

# Labor Day

## 5K Fun Run

**8 am • Saturday  
4 September**

- Open to all (18 years of age or older and not in high school) in the Camp Zama community.
- No Fee
- Awards to the Top 2 adult men and women per age category.
- Register by 5 pm, Friday, 3 September at the Yano Fitness Center issue counter.
- Age categories: Men and women ~ 18-29 • 30-39 • 40-49 • 50-59 • 60 plus years.
- Commander Cup points awarded.
- \*For more details, call 263-4664/7980.

Ages 4 to adult: 1730 - 1900  
 Cost: \$56.20 per month (depending on yen rate)

**NOTE:** All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness (every Monday at 1845).

One session: \$6

4 sessions: \$20

## SERVICES

### • **Massage Cancellation Policy:**

Must be made 24 hours in advance from the time the original appointment was made. Please ensure to ask the staff for the information regarding this policy.

### • **Aqua Massage**

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 16 years old. For more information, call 263-4664/3954.

### • **Shizuka's Massage Therapy**

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

### • **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1100 - 1800 (first appointment at 1100 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for

... SHA Outdoor Pool ...		
Summer Opening and Closing Dates:		
16 June - 6 September	1100 - 1800	Normal Operations
Open	1100 - 1800	Wednesday - Sunday
Closed		Monday - Tuesday

\$45 and 60 minutes for \$60 (you must be at least age 21).

**NOTICE:** The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

### • **Tanning Booth**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:

0530 - 2025

Weekends:

0800 - 1630

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

## AQUATICS F(263-3348)

### • **Jacuzzi, Steam Room, Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

### • **Training Reservations for Swimming Pool**

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be e-mailed upon request.

**YANO FITNESS CENTER**

# WATER

## AEROBICS PROGRAM

**Mondays, Wednesdays & Fridays: 9 ~ 10 am**  
**Tuesdays & Thursdays: 5:30 ~ 6:30 pm**  
**No Classes on Holidays!**

## INSTRUCTOR CLASS

\*Become a certified water aerobics instructor through the United States Water Fitness Association.  
**Saturday • 4 September**  
**9:30 am ~ 4 pm**

\*For more information, please call 263-4664.

\*Register on-line with the USWFA by 7 August.



• **Age Policy for Swimming Pool**

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

**YANO FITNESS CENTER POOL**

# Learn-to-Swim

## Summer Program

### August Session

**Mon/Wed/Fri**  
9 ~ 27 August  
**Registration: 21 July ~ 4 August**

**Something for Everyone!**

8 ~ 8:50 am • Levels 5 & 6 (Diving)  
9 ~ 9:50 am • Levels 3 & 4  
10 ~ 10:50 am • Levels 1 & 2  
11 ~ 11:35 am • PreSchool (Levels 1, 2 & 3)  
5 ~ 5:50 pm • Adult Beginner (Levels 1, 2 & 3)

**\$40**  
Per Person  
Per Session

### Weekend Sessions

**Sat/Sun • No Class 7 August**  
**25 July ~ 28 August**

**#2** 10:10 ~ 11 am - Adult Beginner (Levels 1, 2 & 3)  
11:10 ~ Noon - Adult Advanced (Levels 4, 5 & 6 S)  
2:15 ~ 2:50 pm - Preschool 1, 2 & 3 • 3 ~ 3:50 pm - Levels 1 & 2  
4 ~ 4:50 pm - Levels 3 & 4 • 5 ~ 5:50 pm - Levels 5 & 6 (Safety)




# FITNESS

## FREE Fitness Classes / Services offered by Yano Fitness Center

**Super Circuit Class**  
Monday and Wednesday: 1200 - 1230  
Fridays: 1730 - 1800

**Conditioning and Core Class**  
Wednesday: 1130 - 1830

**Unit Pt Training**  
Tuesday: 0630 - 0730 (Please call the fitness coordinator four weeks in advance to reserve time slot and program request).

**Pilates**  
Tuesdays: 0900

**TBC Yoga**  
Friday: 1200

**Personal Training / Program Consultations**  
Limited days and times BY APPOINTMENT ONLY.  
For more information or appointment call 263-4664/5656.

All fitness classes / services are subject to change.  
Please see the monthly flier for accurate times.




**\*Sign-up required before meeting - Fitness assessment and lifestyle questionnaire required.**

## TOURS AND EVENTS

- **Yokohama Fireworks**  
Sunday, 1 August, 4 - 10:30 pm
- **Disneyland and DisneySea**  
Tuesday, 3 August, 7 am - 11 pm
- **Orientation for Mt. Fuji Climbing**  
Thursday, 5 August, 4 - 5 pm
- **Wake Boarding (BOSS)**  
Sunday, 8 August, 5 am - 6 pm
- **Nikko Sightseeing**  
Sunday, 8 August, 5 am - 9 pm
- **Deep Sea Fishing (Mahi Mahi)**  
Saturday, 14 August,  
4 am - 3:30 pm
- **Mt. Fuji Climbing**  
Saturday, 14 August, 4 am - 9 pm
- **Akihabara Shopping**  
Sunday, 15 August, 9 am - 6 pm
- **Yokohama Lunch Cruise / Kirin Beer Factory**  
Sunday, 15 August,  
9:45 am - 6 pm
- **Mystery Surfing Trip**  
Saturday, 21 August, 4 am - 6 pm
- **Disney on Ice**  
Saturday, 21 August, 5 - 9 pm
- **Matsumoto Castle / Wasabi Farm**  
Sunday, 22 August,  
5 am - 9:30 pm
- **Fujikyu Highland**  
Sunday, 22 August,

- 7:30 am - 7 pm
- **Fuji Fire Festival**  
Thursday, 26 August,  
11:30 am - 11 pm
- **Deep Sea Fishing (Mahi Mahi)**  
Saturday, 28 August, 4 am - 6 pm
- **Hawaiian Spa (BOSS)**  
Saturday, 28 August,  
7 am - Midnight

- **Wine Make and Shosenkyo Hike**  
Sunday, 29 August,  
7 am - 7:30 pm
- **Hasunuma Beach Swimming Pool**  
Sunday, 29 August, 7 am - 6:30 pm
- **Universal Studio Japan**  
Saturday, 4 September,  
2 am - Midnight

O U T D O O R   R E C R E A T I O N



**BULLSEYE**

**PAINTBALL**

10 AM ~ 4 PM

**14 & 15 AUGUST**

SAGAMI DEPOT • PAINTBALL PARK

**GRAND OPENING**  
**FREE • FREE • FREE**

*Saturday, 14 August ~ Community BBQ,  
While food and supplies last!*

*\*For more information, please call 263-4671.*



**COMBATIVE**  
**TOURNAMENT**

**YANO FITNESS CENTER**

- Unit level team competition.
- Categories to be determined.
- Open to all military personnel in the Camp Zama, Sagami Depot, and Sagami-hara Housing Area.
- Awards will be presented to the 1st & 2nd place teams.
- Commanders Cup points will be awarded for this event.
- For more information, please call 263-4664.

**8 am • Friday**  
**13 August**



# L

imited  
Online Parts  
Ordering Service.  
Stop by the Auto  
Skills Center for  
more information  
on finding the best  
prices for your  
vehicle.

## ■ Automotive Skills Center • 263-3615

### HOURS OF OPERATION:

Monday and Tuesday: CLOSED  
Wednesday - Friday:  
1130 - 2000  
Saturday and Sunday:  
0930 - 1800

### PLEASE NOTE:

- All work areas must be clean and checked-out tools turned in by close of business.

### SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is

issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

### SERVICES OFFERED BY THE AUTO SKILLS CENTER

#### • Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

#### • Used Vehicle Courtesy Inspection

The Auto Skills Center offers a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only. The courtesy inspection does not take the place of the JCI.

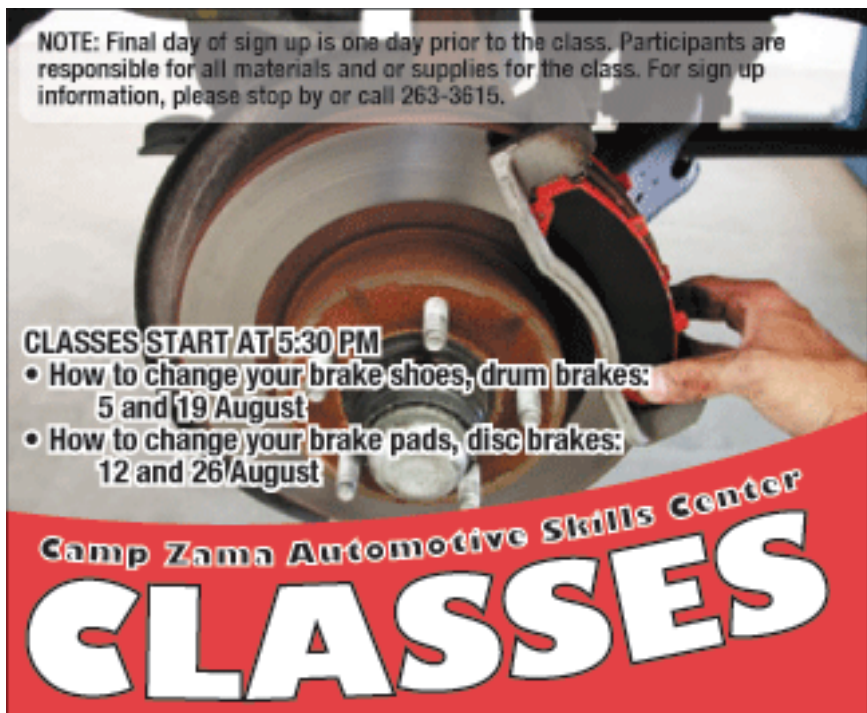
#### • Towing Service and Roadside Assistance

Wednesday through Sunday during open hours of the Auto Skills Center hours of operation.



**FREE OIL CHANGE**  
**FOR DEPLOYED SPOUSES FOR THE MONTH OF AUGUST.**

- Appointments only and the deployed spouse card must be shown.
- All supplies, oil, oil filter etc., must be provided by the customer



NOTE: Final day of sign up is one day prior to the class. Participants are responsible for all materials and or supplies for the class. For sign up information, please stop by or call 263-3615.

**CLASSES START AT 5:30 PM**

- How to change your brake shoes, drum brakes:  
5 and 19/August
- How to change your brake pads, disc brakes:  
12 and 26/August

**Camp Zama Automotive Skills Center**  
**CLASSES**



**CAR WASH**

**The Zama Car wash can be accessed:**

Monday - Tuesday: 8 am - 4:30 pm  
Wednesday - Friday: 8 am - 8:30 pm  
Saturday - Sunday: 10 am - 6 pm

The Sagami-hara Housing Area car wash is closed indefinitely due to damage.

## ■ Arts and Crafts • 263-4412

### HOURS OF OPERATION

Monday - Tuesday: Closed  
 Wednesday - Friday: 1130 - 1930  
 Saturday - Sunday: 1000 - 1800

### CLASSES

- **Silk Screen Work Shop**  
 \$15 for a class, includes one free t-shirt (appointment only).
- **Wood Shop Orientation for DA 3031.**  
 Saturdays: 10 am, no fee.
- **Frame Shop Orientation**  
 2nd and 4th Thursday, 6 pm,  
 \$10 a class; supplies are not included.

**... WANTED ...**

Zama Arts and Crafts Center is now looking for instructors in the following areas: water color paint, Tole paint (acrylic paint), washi paper craft, digital photograph, pottery, balloon art, scrapbook, sawing and color pencil drawing.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

- **Wash-Paper Craft Work shop**  
 \$10 a class; supplies are available at the sales store (by appointment)
- **Tole Painting Class "American Folk Art"**  
 Thursdays, 3 pm, \$20 for a class.
- **Ikebana** (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).

- **Shodo** (Japanese calligraphy class),  
 Wednesday, 4 pm, \$10 for a class; includes all supplies.

#### • Pottery Classes

\* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

NOTE: All classes require advance registration. Schedules are subject to change.

## ■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

### NEW MCNAUGHTON BOOKS

- *Bullet by Hamilton, Laurell K.*
- *Burning Wire by Deaver, Jeffery*
- *Hitch-22 by Hitchens, Christopher*
- *Overton Window by Beck, Glenn (Best Seller)*
- *Robert Ludlum's Bourne Objective by Lustbader, Eric (Best Seller)*
- *Spy by Cussler, Clive (Best Seller)*
- *Imperfectionists by Rachman, Tom*
- *Shadow Effect by Chopra, Deepak*
- *Steinbrenner by Madden, Bill*

### NEW JAPANESE FILMS ON DVD

- *Dark Water*
- *The Funeral*
- *Funky Forest: The First Contact*
- *The Girl Who Leapt Through Time*
- *The Human Condition (Criterion Collection)*
- *ICHI: The Movie*
- *Kiki's Delivery Service*
- *My Neighbor Totoro*
- *A Taxing Woman*

- *Vengeance is Mine (Criterion Collection)*
- *Youth of the Beast (Criterion Collection)*

**Voyage to Book Island**  
 SUMMER READING PROGRAM  
**Awards & Party**  
 10 am • Thursday • 12 August  
 Children's Room • Zama Library  
 For more information, please call 263-3517.

## ■ Community Activity Center • 263-3939/5712/8892

### CLASSES

- **Ballroom Dance**  
 \* Beginner's Class (four classes per month, ¥3,000).  
 Thursday:  
 5:15 - 6:10 pm
- \* Basic Class (four classes per month, ¥4,500):  
 Tuesday: 5:15 - 6:10 pm  
 The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

\* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm  
 The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

- **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

- **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

If you are interested in teaching hula, jazz, piano and drum classes please stop by the Community Activity Center (263-8892) or call the Contracting Office at 263-4986.

**Seussical Jr.**  
 UPCOMING EVENT  
 Tamagawa University Performance  
 27, 28 November  
 For more information, call 263-3939



“See the Bugle for the advertisement”.

## ■ Chapel Activities • 263-4898

### CATHOLIC SERVICES

**Mondays - Fridays**, noon, daily Mass, Blessed Sacrament, Chapel  
**Sundays**, 9 am, Mass, Zama Chapel.  
**Sundays**, 9:15 am, Children's Liturgy of the Word. Blessed Sacrament Chapel.

**1st Friday**, 6 pm, MCCW meeting, Zama Chapel

### PROTESTANT SERVICES

**Sundays**, 9:30 am, Sunday School for all ages at the Religious Education Center.

**Sundays**, 10:15 am, Praise Team Rehearsal, Zama Chapel.

**Sundays**, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

**Wednesday**, Praise Team Rehearsal, Zama Chapel

### SAGAMIHARA PROTESTANT INSPIRATIONAL SERVICES

**Sundays**, 9:30 am, Sunday School, Sagamihara Chapel.

**Sundays**, 11 am, Worship Service, Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the

Sagamihara Chapel during the time of Sunday services).

**Wednesdays**, 6:30 pm, Bible Study, Sagamihara Chapel.

### JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to [duncan.adams@us.army.mil](mailto:duncan.adams@us.army.mil).

### THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

**Mondays - Fridays**, 6:30 - 7:30 am, LDS Youth Seminary (August - June), Sagamihara Chapel.

**Tuesdays**, 7 pm, Tuesday Night Youth Activity, 7 pm, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 046-234-9490, Brian Howard at 263-7419, or Doug Moore at 267-6472.

### BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

**Mondays and Fridays**, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at [forris@forrisfulford.com](mailto:forris@forrisfulford.com).

### SEVENTH DAY ADVENTIST SERVICES

Second Saturdays (Sabbaths), 9:30 am Sabbath School, 11 am Divine Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or [tom.johnson3@us.army.mil](mailto:tom.johnson3@us.army.mil) for more information.

### ONGOING BIBLE STUDIES

**Sundays**, every Sunday in August after Mass, Ministries' Volunteers and CCD Registration, Zama Chapel.

**Sundays**, 15 August, 9 am, Assumption of Mary Mass, Zama Chapel

For more information, please call the chapel at 263-4898.

### AUGUST SEASONAL ACTIVITIES

**Sunday**, Every Sunday in August after Mass, Ministries' Volunteers and CCD Registration, Zama Chapel, 15 August, 9 am, Assumption of Mary Mass, Zama Chapel.

The Garrison religious support programs offer many other religious based opportunities for you and your Family: (Bible studies, youth groups, men's groups, women's groups, music ministries, etc). If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises those religious activities under its auspices.



**Vacation Bible School** 9 - 13 August, 9 am - noon

Join Chadder on a High Seas Expedition exploring the mighty love of God this summer at the Camp Zama Chapel.



Online registration begins now! Register your children online and sign up to volunteer at <https://www.groupvbsspro.com/vbs/ez/zama>

For any questions please contact: Krista Brede at 267-6650 or 080-4200-6650

Childcare for children under 3 available for volunteers only



Please give us your **ADVICE**

Interactive Customer Evaluation

**We are listening!**

**Good or Bad, we'd like to know!**

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

<http://ice.dlsa.mil/index.cfm>



# ■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

## Army Community Services Branch

■ **Army Community Services** 263-4357  
Mon - Wed 0730-1630  
Thu 1300-1630  
Fri 0730-1630  
US Holidays Closed

## ZAMA Golf Club

■ **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-3694

263-4966  
(All the following golf activities are open during lunch).

**Course/Starter** 263-4975  
Mon-Fri 0700-1700  
Weekends & US / Japanese Holidays 0600-1700

**Restaurant** 263-7665  
Mon, Tue, Thu, Fri 0630-1900  
Wed 0630-1900  
Weekends & US / Japanese Holidays 0530-1900

**Pro Shop** 263-5284  
Mon-Fri 0645-1700  
Weekends & US / Japanese Holidays 0545-1700

**Driving Range (Unattended)**  
Mon - Fri Sunrise-2200  
Saturday Sunrise-1930  
Sun 1600-2200

**Chip Inn & Snack Stand** 263-5834  
Mon-Fri 0800-1600  
Weekends & Hol. 0700-1500

## Business Division

■ **ADMINISTRATIVE OFFICE** 263-7935

■ **BOWLING CENTER ZAMA** 263-4780  
Mon-Wed, Sat-Sun 1100-2200  
Thu & Fri 1100-2230  
Holidays Closed

■ **BOWLING CENTER DEPOT** 268-4954/4606  
Tue - Sat 1100-2000  
Sun - Mon Closed

■ **ZAMA COMMUNITY CLUB**  
■ **ADMINISTRATIVE OFFICE** 263-4133

**Lunch**  
Tue-Fri 1045-1315  
Sunday Brunch 1000-1330

**Cashier** 263-4547  
Sun-Thu 1000-2300  
Fri 1000-0230  
Sat 1000-0200

**Catering** 263-4204  
Tue, Thu & Fri 0930-1730  
Wed (Appts Only)

**Café Roberto**  
Sun, Tue & Wed 1100-2300  
Thu 1100-2200  
Fri & Sat 1100-2300  
No food service after 2200 hours

**Cornerstone Game Room (no bar)**  
Tue-Thu & Sun 1000-2300  
Fri 1000-0300  
Sat 1000-0230

**Firelite Lounge**  
Sun-Tue & Wed Closed  
Thu Closed  
Fri 1800-0300  
Sat 1900-0230

**USA Dining Room**  
Tue, Thu & Sun 1700-2100  
Wed Closed  
Fri-Sat 1700-2200

■ **HOB NOB INN** 267-6097  
**Lounge & Game Room**  
Sun, Mon, Tue Closed  
Wed 1630 - 2300

Thu 1630 - 2100  
Fri 1630 - 0100  
Sat 1900 - 0100

■ **SAGAMI LOUNGE** 268-4954  
**Take Out** 268-4142  
**Lunch (Mon-Fri)** 1100-1300  
**Dinner (Tue-Sat)** 1700-2000  
**Lounge/Game Room**  
Tue-Thu 1100-2200  
Fri 1100-2400  
Sat 1630-2300  
Open during lunch

## Recreation Division

■ **CHIEF RECREATION OFFICE** 263-3479  
■ **ADMINISTRATIVE OFFICE** 263-5614  
■ **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed  
Wed-Fri 1130-1930  
Sat & Sun 1000-1800

■ **AUTOMOTIVE SKILLS CENTER** 263-3615  
Mon-Tue Closed  
Wed-Fri 1130-2000  
Sat-Sun 0930-1800

■ **COMMUNITY ACTIVITY CENTER** 263-3939  
Mon-Fri 0800-2100  
Sat, Sun & Hol Closed  
Open during lunch

■ **INTERNATIONAL TOURS** 263-5273  
Mon-Fri 1000-1800  
Open during lunch

■ **LIBRARY** 263-3517  
**Zama**  
Mon-Thu 1000-2030  
Fri-Sun 1000-1800  
Open during lunch  
U.S. Holidays Closed

**Sagamihara** 267-6603  
Tue-Thu 1000-1900  
Fri-Sat 0900-1800  
Sun, Mon & Hol Closed  
Closed for lunch 1400-1500

■ **OUTDOOR RECREATION** 263-4671  
US Holidays Closed  
**Vehicle/Equipment Rental & Leisure Travel Services**  
Mon-Fri 0900-1730  
Sat-Sun 0800-1600  
Open during lunch

**Animal Boarding Kennels** 263-5915  
Mon-Fri 1000-1700  
Sat-Sun 1000-1600  
Closed for lunch 1230-1330

**Hardy Barracks Lodging** 229-3270  
**Kure Lodging** 256-2580  
■ **POOLS** 263-3348  
**YANO** 263-5037

Mon-Fri 0600-1900  
Sat-Sun, Holidays 1000-1800  
**SHA (Summer)** 263-5656/267-6122  
Wed - Sat 1030-1800  
Sun 1200-1800  
Mon, Tue Closed

**DEPOT (Closed)**  
■ **SPORTS/FITNESS CENTER** 263-4664  
**Zama** 263-3954

Mon-Fri 0530-2100  
Sat-Sun, Holidays 1000-1800  
**Sagamihara** 263-3954/267-6762  
Mon-Sun Open 24 hrs  
**Depot** 268-4729  
Mon-Sun, Holidays 0930-1830

## Support Services Division

■ **DIRECTOR** 263-4273  
■ **ADMINISTRATIVE OFFICE**

## Child, Youth & School Service Division

■ **CHILD, Y&SS COORDINATOR** 263-8086  
(All the following CDC facilities are open during lunch.)

**Parent Central Services** 263-4125  
263-4743  
Mon-Wed 0800-1700  
Thu 1000-1700  
Fri 0800-1700

**Family Child Care** 263-4743  
263-4125  
267-6564

**Sagamihara CDC**  
Mon-Fri 0530-1800  
**Zama CDC** 263-4992  
Mon-Fri 0530-1800

■ **YOUTH SERVICES** 263-4500  
**Zama Youth Center**  
Mon-Thu 1430-2000  
Fri 1430-2200  
Sat 1300-2200  
Sun Closed  
**School Age Services (SHA)** 267-6317  
Mon-Fri 0630-1800  
**Youth Sports** 263-5437  
Mon-Sat 0900-1800  
Open during lunch

**School Liaison Office** 263-3241

## Zama Lodging

■ **ADMINISTRATIVE OFFICE** 263-3293  
**Reservation Desk** 263-2775  
**Front Desk** 263-3830  
Open 24 hours/7 days a week

## USAG-J Okinawa MWR

■ **MWR OFFICE** 644-5396  
■ **ADMINISTRATIVE OFFICE** 644-4270  
■ **ARMY COMMUNITY SERVICE**  
Director 644-4110  
Relocation Coordinator 644-4385  
Mob-Dep/IVC 644-4116  
Financial Readiness/AER 644-4378  
Family Advocacy Program 644-5919  
Victim Advocate/SARC 644-4908  
AFTB/AFAP Program 644-4743  
EFMP Program 644-4106  
ACS FAX 644-5918  
School Liaison Office 644-4703  
■ **ARTS & CRAFT CENTER** 644-4303  
Lobby 644-4706  
■ **AUTOMOTIVE SKILLS CENTER** 644-5612  
■ **CORAL COVE COMMUNITY CLUB**  
Business Manager 644-4256  
Lounge 644-4306  
Cashier Cage 644-4426  
■ **LIBRARY** 644-4468  
Staff Room 644-5335  
■ **MARKETING**  
Commercial Sponsorship 644-4495  
Graphic/Illustration 644-4665  
■ **SPORTS / FITNESS**  
Sports / Fitness 644-4334  
Aquatics 644-4389  
■ **OUTDOOR RECREATION**  
Scuba Locker 644-4795  
Retail Sales 644-4290  
Equipment Issue 644-4263  
Beach Rental Office 644-4659  
Cabin Reservation 644-4659  
011-81-611-744-4659

## Kure Harbor Club

■ **MWR Office** 256-2580  
256-2581  
0800-1630  
■ **Outdoor Recreation** 256-2575  
0900/1700  
■ **Dining Room**  
Mon-Fri (Breakfast) 0700-0830  
Mon-Fri (Lunch) 1130-1300  
Tue-Sat (Dinner) 1630-2000  
■ **Bar** Mon 1630-2000  
Tue-Sat 1630-2200  
■ **PX / CLASS 6**  
Mon-Fri 0900-1730  
Sat 1130-1530





CAMP ZAMA COMMUNITY CLUB

# SUMMERFEST

SATURDAY, 21 AUGUST, 3-9 PM, CZCC PARKING LOT



Live Entertainment and DJ  
Games and Prizes  
Food for Purchase

## Family Event

For more information,  
please call 263-4547

CAMP ZAMA COMMUNITY CLUB



Camp Zama Community Club & Child, Youth and School Services  
PRESENTS

# Back To School Festival

Tuesday, 24 August, 5-8 pm, CZCC Parking Lot



Fashion Show, Entertainment & DJ  
Face Painting & Tattoos  
Bouncy Castles  
Food, Back to School Items & Door Prizes

## ALL FREE!

For more information, please call 263-4547







# U.S. ARMY CAMP ZAMA'S 51ST 第51回 在日米陸軍キャンプ座間



# 盆踊り

# BON ODORI FESTIVAL

8月7日(土)、一般開放致します  
ご来場お待ちしております



**SATURDAY, 7 AUGUST 2010**  
**10:30 - 21:30 (No Rain Date)**

**2010年8月7日(土曜日)**  
**10:30 - 21:30 (荒天中止)**

- BON DANCING • FOOD • LIVE ENTERTAINMENT
- STREET PERFORMERS • FAMILY ENTERTAINMENT
- GAMES • FIREWORKS

For your protection and safety, large bags, backpacks, ice chests, coolers, skate boards, bicycles, kick bikes, pets, alcoholic beverages and glass containers are prohibited.  
\* Please expect entry delays.  
\*\* FORM OF PHOTO IDENTIFICATION\*\* MAY BE RANDOMLY CHECKED.

- 盆踊り • 出店 • ライブエンターテインメント
- ストリート パフォーマンス • 家族向けエンターテインメント
- ゲーム • 花火

保安上、大きなバッグ、バックパック(ナップザック)、クーラーボックス、スケートボード、自転車、キックボード、ペット、お酒、ビンやコップ等のガラス製の物は持ち込みは禁止されています。  
\* ゲートでの荷物検査の為、入場には遅延がかかる場合がございますのであらかじめご了承ください。  
\* (写真付き身分証明書) の提示が必要になる場合がございます。よろしくご協賛・ご協力をお願い致します。

**BON DANCE LESSONS SCHEDULE : 17:30 - 19:30 (Approx.)**  
**(盆踊り練習スケジュール)**

Community Activity Center (Camp Zama, Bldg. 267)  
Tuesday, 3 August & Thursday, 5 August 2010



For more Information:

Please call [ By Fri. 6 Aug. ]

Taped Announcement [ By Sat. 7 Aug. ]

お問合せ:

電話 [ 8月6日(金)まで ]

テープ案内 [ 8月7日(土)まで ]

• DSN: 263-5712/8892

• DSN: 263-4177

• DSN: 263-5712/8892

• DSN: 263-4177

• TEL: 046-407-5712/8892

• TEL: 046-407-4177

• TEL: 046-407-5712/8892

• TEL: 046-407-4177



<http://www.mwrjapan.army.mil/events>

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盆踊りスポンサー



(Sponsorship does not imply endorsement by the U.S. GOVT.)

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